

Milwaukee County Department of Health & Human Services

Aging & Disabilities Services



Department of Health & Human Services

Consists of Aging & Disabilities Services, Behavioral Health Services, Housing Services, Children, Youth & Family Services, Management Services, and Veterans Services

Mission

Empowering safe, healthy and meaningful lives

Vision

Together, creating healthy communities

Values

Partnership, Respect, Integrity, Diversity, and Excellence
(PRIDE)



Older Adult Services - Overview

- Aging & Disability Resource Center
- Wellness Programs
- Senior Centers
- Senior Dining
- Meals on Wheels
- Transportation
- Dementia Care
- Adult Protective Services
- Medicare Assistance & Saving Programs



Aging & Disability Resource Center



The Aging & Disability Resource Center (ADRC) is the first place to go to get **accurate, unbiased information on all aspects of life related to aging or living with a disability.**

The Aging & Disability Resource Center offers information, referral, consultation and assistance regarding access to short- and long-term care services for elders and people with disabilities in Milwaukee County.

Learn more about ADRC's around the state at the [State of Wisconsin's website.](#)



Core Services of the ADRC

- **Information and Assistance:** Accurate and timely information regarding community resources for older adults and people with disabilities.
- **Benefits Specialist Program:** Information about public and private benefits as well as help individuals obtain and retain benefits.
- **Options Counseling:** One-on-one consultation about privately and publicly funded long-term care options to allow each individual to make the best-informed decisions for his or her needs.



Core Services of the ADRC

- **Youth Transition:** Staff assist students to make the transition from the school system to the adult service system. Outreach activities are coordinated with school districts, parent and guardian groups, and education and vocational groups.
- **Dementia Care:** Dementia Care Specialists can connect individuals with dementia and their caregivers with services and resources available in the community.
- **Link to Adult Protective Services:** An 'at risk' adult is an adult who has a physical or mental impairment that restricts his/her ability to care for his own needs and who has experienced or is at risk of abuse, neglect or financial exploitation.



Wellness Programs

We are dedicated to helping older adults maintain a healthy lifestyle.

- Stepping On (Falls Prevention)
- Living Well with Chronic Conditions
- Healthy Living with Diabetes
- Healthy Living with Chronic Pain
- Mind Over Matter
- Physical Activity for Lifelong Success
- Powerful Tools for Caregivers
- Savvy Caregiver
- Vivir Saludable Con Diabetes
- Tomando Control de Su Salud



Senior Centers

Senior Centers offer a variety of social, recreational, health and educational activities.

- Anyone 50 yrs or over is welcome
- Check out the monthly activity guide for more detail on classes and events.

(Senior Center [programming has been modified](#) due to COVID-19)

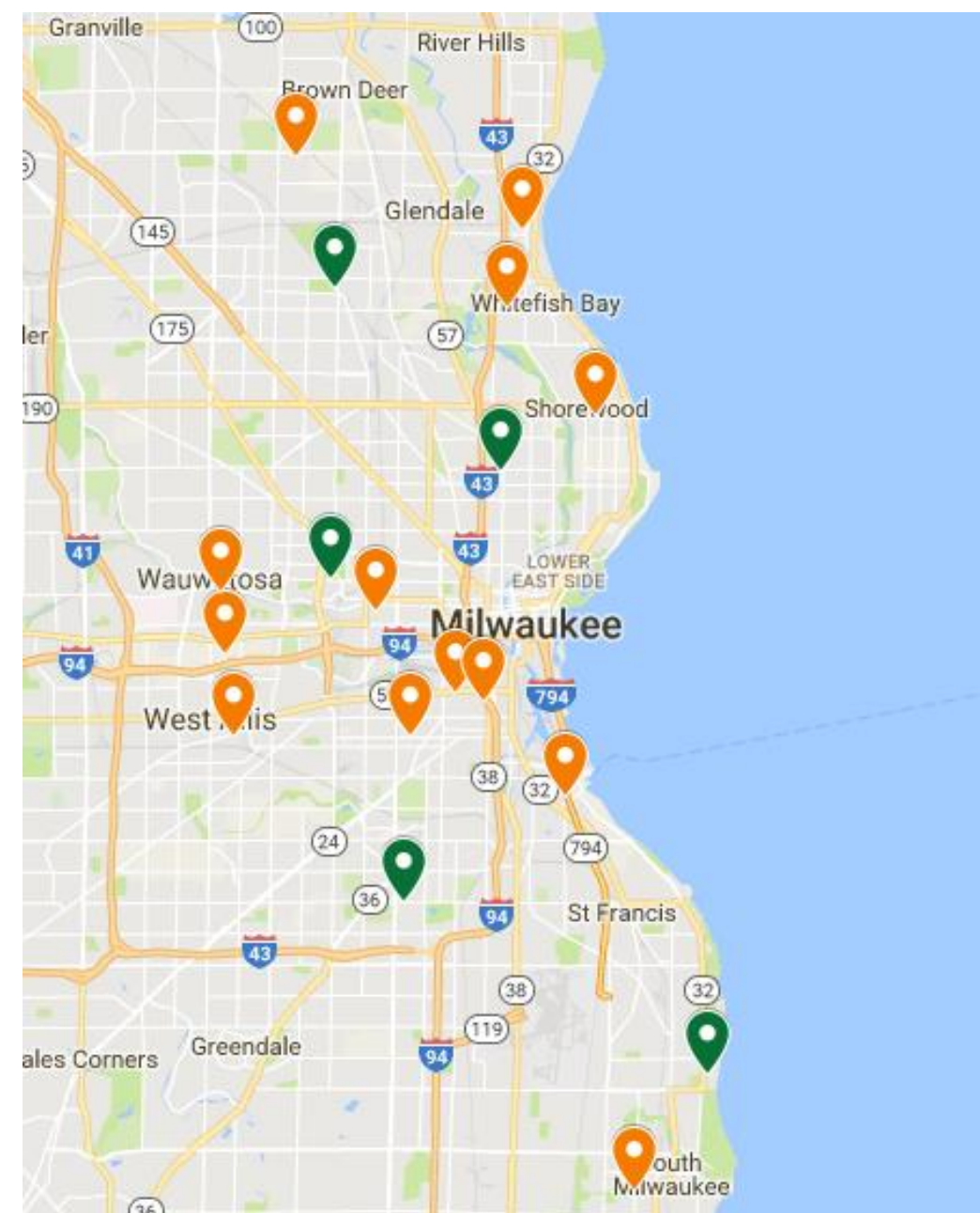


Senior Centers

County Owned Senior Centers (5)

- Clinton Rose Senior Center
- McGovern Senior Center
- Kelly Senior Center
- Washington Park Senior Center
- Wilson Park Senior Center

Other Senior Centers



Senior Dining



Good food with good friends.

- Senior Dining offers well-balanced, hot, nutritious meals.
- There is no cost but there is a suggested contribution.
- Basic registration and reservations needed.
- Check out this month's menu for more information.

(Congregate dining has [been modified](#) due to COVID-19)



Senior Dining

- Dining Sites throughout the county
- Including specialty and ethnic sites

Proud to Announce - [Senior Dining Dine Out](#)



Meals on Wheels



Hot, nutritious meals delivered to your home.

- Meals delivered Monday through Friday
- For homebound older adults who are unable to cook for themselves.
- There is no cost but there is a suggested contribution.
- Provides nutrition as well as connection to those who are isolated.



Transportation



As people age transportation gets more and more difficult.

Transportation options to help older adults:

- Go Pass
- MCDA Transportation
- Transit Plus
- Volunteer drivers
- Transportation for Veterans



Long Term Care



Long Term Care is ongoing assistance with basic activities of daily life such as: eating, bathing, dressing, or getting in and out of bed.

As individuals age, they often reach a point when they will need assistance with their long term care.

[Next Steps: My Planning Guide](#)

Long Term Care



When you start to have problems keeping up your home or taking care of yourself:

- Options Counseling: We have experts who can help you understand your options and connect you with resources.
- We also have programs to help caregivers as they care for an older adult.

Some of these services you may need to pay for, others are available at no cost through the generosity of community volunteers or through public programs.

How to Apply for Publicly Funded Long Term Care

1

Call Us

Call Aging Resource Center
at 414-289-6874 to begin
the process.



2

Functional Eligibility

We will schedule a home visit with you to determine functional eligibility- this means assessing any physical, cognitive, or memory impairments that may be limiting your ability to live independently.



3

Financial Eligibility

If you are functionally eligible a second home visit will be scheduled during which our staff will work with you to gather the necessary paperwork. This is sent to the State of Wisconsin's Income Maintenance Office to determine financial eligibility.



4

Enrollment

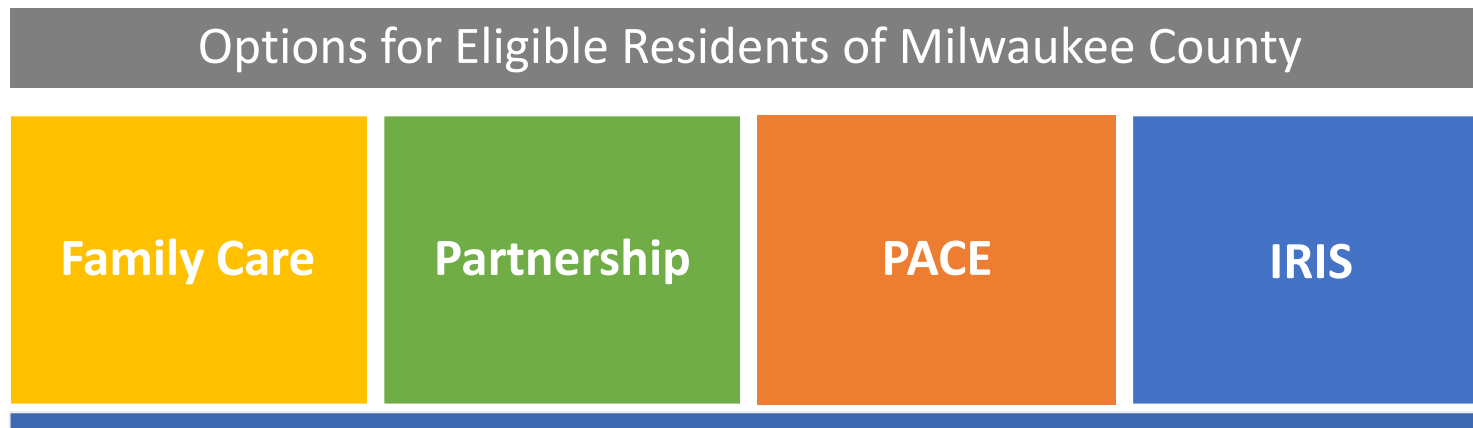
If you are found to be both functionally and financially eligible our office will contact you to discuss an enrollment date in the Long Term Care program of your choice.



**MILWAUKEE
COUNTY**

Publicly Funded Long Term Care Programs

If you qualify for publicly funded Long Term Care, there are a variety of options. The Aging Resource Center cannot endorse or recommend any organization, product or service. There are four programs available: Family Care, Partnership, PACE, and IRIS. Each program is offered by multiple agencies.



[Learn more on our Long Term Care webpage.](#)



Dementia Care

If you or someone you know may be suffering from memory loss we have information and resources that can help.

Supporting Individuals

- Family Consultation
- Care Planning
- Memory Cafés
- Research Opportunities

Supporting Communities

- Community Education
- Memory Screening
- Virtual Dementia Tours
- Business Training



Adult Protective Services

If you are concerned about the safety and wellbeing of an older adult, please contact Adult Protective Services.

All referrals are kept anonymous.

- Self neglect
- Neglect by others
- Physical abuse
- Financial abuse
- Sexual abuse
- Emotional abuse



Medicare Savings Programs

On Medicare?
**Need help covering
the costs?**



You may be eligible for programs that could save you money.

- Medicare Savings Programs
- Prescription Drug Assistance Programs
 - Extra Help
 - Wisconsin's SeniorCare

To learn more visit our [Medicare Page](#).



Aging and Disability Resource Center



Help is just a call or click away.

Phone: **414-289-6874**

Website: county.milwaukee.gov/aging
county.milwaukee.gov/dsd

Email: adrc@milwaukeecountywi.gov





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